

# VILLAGE notes

"A village in the city"

## Office Hours

Mon - Thurs. 7 am to 4:30 pm  
Friday 8 am to noon  
May 15 - Sept. 15

## A Note from the Mayor.....

I would like to report to you on some of the activities and actions taken by the City since our last Village Notes.

As you are now well aware, Salo Park of Silver Lake Village was dedicated on June 8th with an outstanding turn out of residents from throughout the community. We were also exceedingly fortunate to have had so many dignitaries present at our ceremony. I am especially grateful for the Salo City delegation's participation - their presence was truly a highlight in that international event. The Sister City Association is to be congratulated and thanked for all of their efforts in spearheading the sculptor visit and the City's inclusion in the Minnesota Rocks - International Stone Carving Symposium event and creation of the sculpture for Salo Park.

We have taken up the issue of Inflow and Infiltration, known as I & I; the program is underway with a proactive approach to eliminate this problem. By our actions we are able to forestall a Metropolitan Council's heavy wastewater surcharge to the City with the ultimate goal of finally solving this all-encompassing problem. Your cooperation and understanding are a key in St. Anthony's future and preservation of this valuable resource - clean water. We realize that this can be difficult for some but I thank you for your understanding and selfless cooperation.

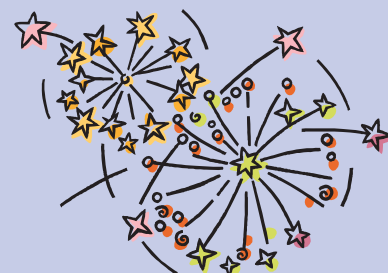
Through the council's negotiation and resolve the long awaited "St. Anthony Village Pub" in the St Anthony Marketplace is open and will be an added value to the southern gateway to the city and the community as a whole. Our City continues to prosper and progress!

The Silver Lake Road project is on course for a 2007 reconstruction and both Hennepin and Ramsey county staff have addressed the city's concerns and questions. We look forward to this beautiful facelift that will accentuate our "main street". If you have not had an opportunity to see the plans - please by all means stop by City Hall for the visual pictorial.

And remember that Village Fest is just right around the corner and this is a splendid chance to celebrate and enjoy friendship with other Villagers. It promises to be exciting and entertaining for all. There will be family entertainment by "Cactus Willey and Boxcar Bob" with the Lamont Cranston band as the headliner. Come and join in on the various festivities on August 4-6 that all the energetic volunteers have worked so hard to accomplish. Be sure to thank them for their hard work when you see them.

Have a great and rejuvenating summer - in beautiful St. Anthony Village!

My best regards,  
Jerry Faust



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***Our Mission is to be a  
progressive and livable  
community, a walkable  
village, which is safe  
and secure.***

## Salo Park Dedication

Salo Park, a new park located in Silver Lake Village, was dedicated on June 8th in honor of the City's 21-year international relationship with Salo, Finland. This relationship began in 1985, when the cities of St. Anthony and Salo agreed to participate as sister cities through the International Sister City program, which was established through President Dwight D. Eisenhower's efforts during his 1956 White House conference on citizen diplomacy. Ruth Ann Marks, president of St. Anthony's Sister City program, spoke at the dedication about the historical events that led to the growth of the International Sister City Program and the growing importance of "person to person diplomacy" in today's world.



Mayor Jerry Faust introduced the guests of honor, Hanna-Kaisa Silander, first deputy chairperson of Salo's City Council; Eija Sepala, Salo City boardmember; and Terhikki Heinonen, Head of International Relations for the City of Salo to the crowd of approximately 200 people. Other speakers included Ramsey County Commissioner Jan Parker; Len Pratt, residential developer of Silver Lake Village; and Janis LaDouceur, architect and designer of the amphitheater.

Mayor Faust also introduced Finnish sculptor, Sakari Peltola, who is participating in the Minnesota Rocks International Stone Carving Symposium being held at the St. Paul College. Mr. Peltola, along with artists from Egypt, China, Mexico, Germany, Italy, Zimbabwe, Japan and the United States are working on pieces in the stone carving traditions of world cultures. Once Mr. Peltola's piece is finished, it will be placed on permanent display in Salo Park.

In addition to the speeches and presentations, the St. Anthony Orchestra entertained those attending the dedication with several traditional musical selections, including the national anthems for both Finland and the United States. The amphitheater is truly a pleasant outdoor venue for exhibiting the talents of St. Anthony's own civic orchestra.

Besides Salo Park Dedication, the delegates from Salo were able to explore St. Anthony as well as the Cities of St. Paul and Minneapolis. From the left are Mayor Faust, Terhikki Heinonen, Former Vice President Mondale, Eija Sepala, and Hanna-Kaisa Silander.



## Sakari Peltola, the sculptor

Sakari Peltola lives in Littoinen, in southwestern Finland. He studied at Kankaanpää Art School, first making drawings, paintings and photographs. In 1990, at age 18, he turned to sculpture and for the past decade has worked almost exclusively with granite. Finnish granite is one of the oldest and most beautiful rocks in the world.

Peltola deeply respects the nature of millennia-old granite and the fact that humans have molded the material for thousands of years. "Stone is real and truthful. Stone does not complain or lie. It is both apart from time and full of time. It creates a good counterbalance to these modern and hectic days."

His figurative and abstract forms explore both serious and humorous themes, "People, at least in Finland, are usually thinking that stone is a serious thing, devoid of any joy. I often use humor to make a surprising contrast in an otherwise heavy and hard material, though the content of each sculpture might still be quite serious."

Peltola carries out those ideas in a range of artworks that have been installed and exhibited throughout Finland. He has carved toy-like cars only six inches long and a dog bone that measures twelve feet. His figurative works are often caricatures with exaggerated facial features or limbs that suggest mystical woodland figures or mythic gods.

Peltola has participated in stone symposia in Finland and been so inspired by the experiences that he is organizing an international symposium for 2007.

Peltola's participating in Minnesota Rocks! is sponsored by the City of St. Anthony, where his sculpture will be installed at Salo Park.

# VILLAGEFEST 2006.....Mark these dates and Don't miss the Fun!!

## FRIDAY, AUGUST 4

Noon	St. Anthony Chamber Golf Tournament
7:00 pm	Parade from St. Anthony High School Parking Lot ends at St. Anthony Shopping Center
7:30 pm	St. Anthony Shopping Center Street Dance & Celebration

## SATURDAY, AUGUST 5

8:00 am	5K RUN - race starts at St. Anthony Shopping Center at Fitness Crossroads - call (612) 788-1100 to pre-register
9:00 am	3 on 3 Bsketball Tournament (Deadline for Registration is July 31st call 612-781-2402 or visit <a href="http://eteamz.active.com/HuskieSports/">http://eteamz.active.com/HuskieSports/</a> )
9 am - Noon	T-Ball Tournament
11am - 5 pm	<u>GAMES START &amp; FOOD BOOTHS OPEN</u>
	SANBE Marshmallow Golf
	Baseball Radar Game
	Football Toss
	Hockey Puck Shoot
	Softball Home Run Game
	Water Balloon Wars - High School Theatre Group
	Water Balloon Launch - Boy Scouts
	Medallion Hunt sponsored by Kiwanis
	Pop Toss - Lion's
	Face painting by SAHS Cheerleaders - (sponsored by Lions and Bremer Bank)
	Luminaries bag sales by Relay For Life
11am - 4 pm	Silent Auction
To Be Announced:	Beer Tent Opens
Noon - 5 pm	Petting Zoo & Pony Rides sponsored by St. Anthony Lion's Club
Time TBA	Bingo
1 pm	Ping Pong Ball Drop
1 pm	Alumni Baseball Game
3 - 6 pm	St. Anthony Firefighter's Water Ball Contest
4 - 7pm	Music in Beer Tent: "Cactus Willy" & "Boxcar Bob"
6 pm to 6 am	American Cancer Society "RELAY FOR LIFE" Opening Ceremony
7:30 - 10:30 pm	Entertainment: "LAMONT CRANSTON"
9:30 pm	FIREWORKS
10:30pm	American Cancer Society "RELAY FOR LIFE" Luminaria Ceremony

## SUNDAY, AUGUST 6

6:00 am	"Relay for Life" ends
8 am -12:30 pm	Kiwanis Pancake Breakfast (St. Anthony City Hall)

## SATURDAY-SUNDAY, AUGUST 12 - 13

8:00 am	TENNIS TOURNAMENT - Contact Chris Allison (612) 706-1236 for Registration
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## **Election Information**

On September 12, 2006, voters will have the opportunity to select candidates at the Primary Election for the State General Election on November 7, 2006.

The General Ballot will consist of the following:

### **Hennepin County, Precincts 1 and 2**

(south of 37th Avenue NE)

Congressional	5
Legislative:	
Senate	54
House	54A

### **Ramsey County, Precinct 1**

(north of 37th Avenue NE)

Congressional	5
Legislative:	
Senate	50
House	50A

## **Register to Vote**

New residents are encouraged to save time at the polling place by pre-registering to vote. Pre-registration must be complete at least 20 days before an upcoming election. St. Anthony residents can download an application off the city's website at [www.ci.saint-anthony.mn.us](http://www.ci.saint-anthony.mn.us). Applications are also available at City Hall.

## **Absentee Ballots**

Absentee ballots will be available for the Primary on August 11, 2006. Voters needing to vote by absentee can download an application from the city's website or come to city hall to fill out an application.

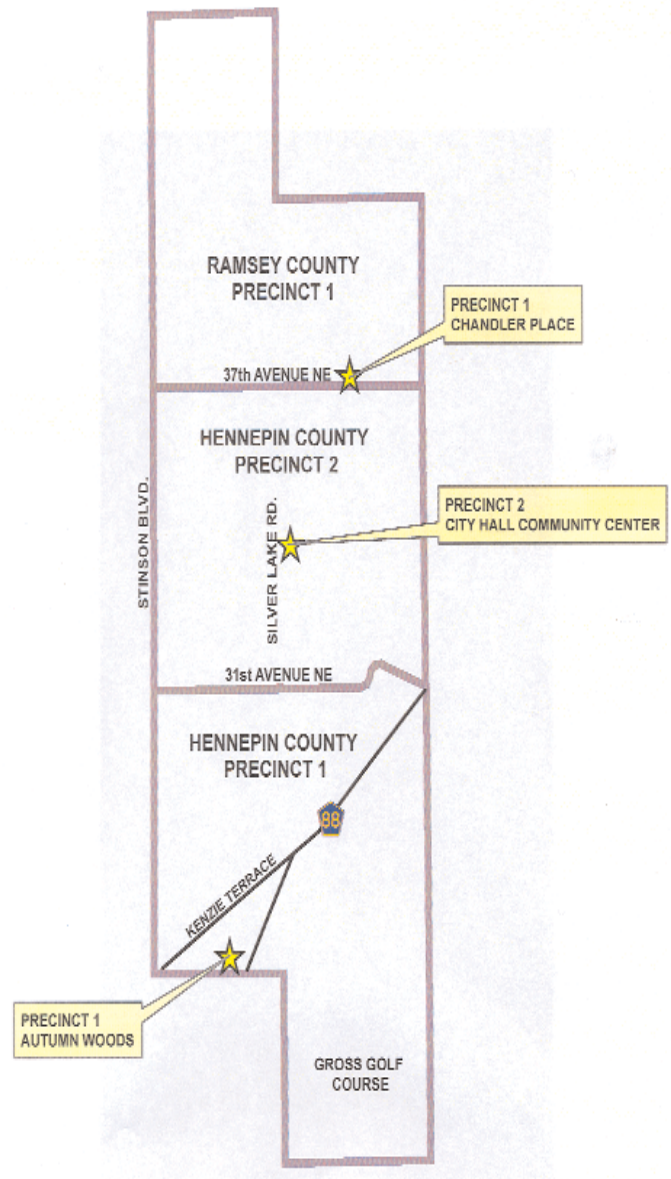
## **Voting Equipment Demonstration**

As published last quarter, the City will be implementing new voter assistive technology to comply with Federal HAVA requirements.

The Automark will be used in conjunction with the M-100 precinct counters that are currently used in all of our precincts. The Automark will be available beginning August 1st for demonstration and instruction at City Hall Monday through Friday during normal business hours.



## **Polling Locations in St. Anthony**



### **Hennepin County, Precinct 1**

Autumn Woods  
2600 Kenzie Terrace

### **Hennepin County, Precinct 2**

St. Anthony City Hall  
3301 Silver Lake Road

### **Ramsey County, Precinct 1**

Chandler Place  
3701 Chandler Drive

Polls open at 7:00 a.m. and remain open until 8:00 p.m.

If you have any questions regarding polling places, please contact the City Clerk at 612-782-3313.

On June 27, 2006, Todd Hubmer, City Engineer, presented an update to the City Council on several projects for the City of St. Anthony. Here is an overview of these updates:

### **2005 Street Reconstruction Project**

The contractor is nearing completion on all remaining punch list items and the second lift of asphalt was placed during the Week of June 12th. This project is essentially complete with a very few minor items outstanding.



### **2006 Street Reconstruction Project**

The 2006 Street Reconstruction Project is also nearing substantial completion. It is anticipated that by June 27th, the Contractor will have completed nearly all of the utility work within the project limits and have installed curb and gutter on most of the streets. It is the goal of the project team to have asphalt on these streets within the 2006 Street Reconstruction Project before the 4th of July weekend. This will be the earliest date that asphalt has been laid on any of the street reconstruction projects since 1999. After the 4th of July weekend, the contractor will begin installation of top soil and sod for the final restoration of the project which is anticipated at this time to be complete July 31, 2006.

### **Foss Road Lift Station Improvements**

Final plans and specifications for the Foss Road Lift Station are currently being completed and will be advertised shortly. The completion of these plans and specifications, in particular the electrical documentation and architectural design of the building, had taken a little longer than previously anticipated. It was requested that the dates for awarding the contract be amended to August 8, 2006. This will still allow the project to begin in August as the original schedule intended.

### **Automated Water Meters**

City Staff has reviewed several systems available to provide automated water meter reading capacity for the City of St. Anthony Village. It is anticipated that within the next several weeks we will complete the performance specifications to solicit bids for replacement of the City's existing meters.

We are currently also investigating the possibility that the water meter installation company may also be able to complete the sump pump inspections simultaneously with the change out of the meters. We will report back to you soon on the cost and benefits of this alternative.

### **Silver Lake Road**

Hennepin County is nearing completion on the final plans and specifications for the Silver Lake Road Reconstruction Project. The project team met on Tuesday, June 27th to discuss the current status of the project and to schedule the future project activities. There will be an additional Open House to answer residence questions on the final design and the impacts to their property.



St. Anthony City Hall  
3301 Silver Lake Road  
St. Anthony, MN 55418  
Phone: 612-782-3301  
Fax: 612-782-3302

## Directory

### MAYOR

Jerry Faust 789-7684  
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Dick Horst 781-5938  
rhorst@ci.saint-anthony.mn.us

Randy Stille 788-3235  
rstille@ci.saint-anthony.mn.us

Brian Thuesen 789-6470  
bthuesen@ci.saint-anthony.mn.us

## City Staff

General Information 782-3301

Mike Mornson 782-3311

Kim Moore-Sykes 782-3312

Roger Larson 782-3316

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John Malenick 782-3401

John Ohl 782-3356

Mike Larson 782-3455

Barb Suci 782-3313

## Green Up Your Lawn... Not Your Lakes and Rivers!

Poor lawn care practices are a common cause of water pollution. When fertilizers, pesticides, herbicides and grass clippings are washed into the nearest stormdrain, they often end up in our local rivers and lakes. The good news is that small changes in how we do things can make a big difference in water quality.



Phosphorus is a nutrient that is vitally important to plant growth, but it is nitrogen, not phosphorus, that is chiefly responsible for greening up a lawn. Most soils in the metro area have adequate amounts of phosphorus, so adding more through fertilizers has no benefit to the lawn and causes problems downstream. Phosphorus makes the water look green by stimulating algae growth and can cause disagreeable odors, habitat loss and fish kills.



To protect our waters, a statewide law bans the use of lawn fertilizers containing phosphorus, except in special circumstances (such as establishing a new lawn or where soil tests show a need). Still, in most communities fertilizers with phosphorus can be purchased.

To buy the right and legal kind of fertilizer for your lawn, remember to "Look for the middle number". On any bag or box of fertilizer, there is a string of three numbers. The middle number indicates phosphorus (phosphate) content and will read "0" on a phosphorus-free product.

Most lawn care practices that protect water quality are actually very easy to do.

- \* Consider Lilacs - LILaC stands for Low Input Lawn Care, an approach designed to reduce the use of lawn care products, water and the time and labor so often required to maintain a healthy lawn (to learn more, visit [www.extension.umn.edu](http://www.extension.umn.edu))
- \* Mow high - cut grass to a height of 2.5 to 3 inches. Lawns mowed higher withstand heat stress better, need less watering and are better competition for weeds, reducing the need for herbicides.
- \* Cover the bare spots - bare soil will not stay in place. The soil will wash away, and the bare spot will grow. Spring and fall are the best times to reseed these areas or try a cover crop of quick-growing ryegrass.

For more information, contact the Mississippi Watershed Management Organization at 651-287-0948 or the website at [www.mwmo.org](http://www.mwmo.org).



## ST. ANTHONY CHAMBER NEWS

Greetings,

The St. Anthony Chamber of Commerce is pleased to announce that we will be hosting our 4th Annual Summer Beautification Contest. Last year Pletscher's Greenhouse agreed to co-sponsor this contest with us and they have agreed to continue again this year! For the last three years the entries have grown, but our judges of the contest have been amazed that not more have entered. There are so many beautiful landscaped yards that should be recognized but not entered. As the newly elected president of the chamber and the chairperson of the Summer Beautification Contest, I urge you to enter either your own or your neighbor's yard for the contest. You may do this by calling City Hall - 782-3301 by July 15. There will be two \$150.00 prizes awarded and the winners will be announced at the VillageFest Activities. Judging will be based on curb appeal, overall use of space, appearance, layout, color and use of flowers, trees, shrubs and other plantings. (contest is what you can see from the street and does not include backyards.)

The St. Anthony Chamber will once again be hosting their Annual Golf Tournament & Pig Roast on Friday, August 4th. The golf tournament is open to all golfers and will be held at the Gross Golf Course starting at noon. For more information or to register, you may call Tom Harkins at 651-639-2296.

The St. Anthony Chamber of Commerce meets the 3rd Tuesday of the month at Chandler Place with a noon luncheon meeting. If you are interested in finding out more about the Chamber or its activities, you may call or e-mail me with your questions; 612-781-8301 or autumn@lanel.com.

Have an enjoyable summer!

Rose Fitzjerrells, President  
St. Anthony Chamber of Commerce

## Non-lead Tackle Alternatives Are Worth Their Weight in Good!

How can you resist the lure of nontoxic sinkers and jigs for your summer fishing activities?

Lead is a toxic metal that, in sufficient quantities, has adverse effects on the nervous and reproductive systems of mammals and birds. Found in most fishing jigs and sinkers, this metal is poisoning wildlife, including loons and eagles. But there is hope. There are alternatives to traditional lead tackle. Anglers can now use sinkers and jigs made from non-poisonous materials such as tin, bismuth, steel, and tungsten-nickel alloy - and they can find them at established sporting goods retailers and on the Internet. So, let's get the lead out (of your tackle box)!

To make it easier for anglers to clean out their tackle boxes and make the switch to non-lead sinkers and jigs, The Minnesota Pollution Control Agency and Minnesota DNR are partnering with retailers, lake associations, and conservation and outdoors groups to offer lead tackle exchanges across the state. The exchanges are designed to be educational and give anglers a chance to try out the growing variety of non-toxic tackle and compare these new products against lead versions. There is no charge to exchange tackle at more than 30 collection events this summer.

Ongoing collections in 2006:

June 1 - Aug. 3: Lebanon Hills Regional Park Visitors Center  
860 Cliff Rd, Eagan, MN

June 1 - Aug. 31: Rice Lake National Wildlife Refuge  
State Highway 65 south of McGregor

Events:

7/11 Noon - 5pm	Minnesota DNR, 500 Lafayette Rd. N, St. Paul
7/13 2pm - 7pm	Gander Mountain, 10650 Baltimore St. NE, Blaine
7/14 1pm - 6pm	Hansen's Little Bear Bait & Tackle, 5051 Stewart Avenue, White Bear Lake
8/3 2pm - 7pm	Gander Mountain, 1747 Beam Ave., Maplewood
8/15 3:30pm - 7pm	Midtown Public Market, 22nd Ave. S/Lake Street Minneapolis

Educational kit for Lake Associations:

Members of lake associations around the state can help promote lead-free tackle by putting up this FREE educational kit at your next gathering. You'll receive educational materials and product samples: a tabletop sign, fact sheets, loon posters, and sample packets of lead-free jigs and weights.

Make arrangements for using kit at your next meeting! Contact Dan Miller [daniel.miller@pca.state.mn.us](mailto:daniel.miller@pca.state.mn.us), Minnesota Pollution Control Agency, at 651-297-8319 or 800-657-3864 toll free.

Article excerpted from Ramsey County Web page,  
[www.co.ramsey.mn.us](http://www.co.ramsey.mn.us), Minnesota Office of Environmental Assistance

# HOUSING CODE CORNER



**DID YOU KNOW**.....That it is against city ordinance to sweep, blow or deposit lawn clippings, leaves or any other litter onto the street, gutter or other public property ? Most of this litter will find its way into our lakes, streams and rivers causing a harmful impact to our environment. Please take a moment to sweep or blow any deposits from lawn mowing back into your yard or save for composting.

**DID YOU KNOW**..... That any weeds or grasses growing on private property must be kept to a height less than 6 inches? According to City Ordinance, weeds or grasses are not allowed to go to seed. Keeping your lawn less than 6 inches in height will prevent the spread of unwanted vegetation.

**DID YOU KNOW**.....Garage Sale Signs are prohibited from being affixed to utility poles and fences? A city code inspector will remove any sign attached in this manner. Signs that are allowed cannot have a surface area exceeding four (4) square feet and if placed on private property should have permission of land owner. Signs must be 10 feet back from right-of-way and cannot be displayed for more than three consecutive days.

**DID YOU KNOW**.....The storage of refuse and recyclable collection items may not be kept in the front yard? On trash pick-up day, please remember to remove your trash can and recycling bin from the curb and return it to the garage or some place out of site from the road.

**DID YOU KNOW**.....Parking in any residential district must be done on a surface paved with asphalt or bituminous material, concrete, cement, brick, or other paved surface? Please remember parking vehicles on the grass or gravel is not allowed in the City of St. Anthony.

**DID YOU KNOW**.....Any vehicle without a current state registration must be parked in a garage or other building? If a vehicle has expired tabs, either renew them or move the vehicle into the garage.

Please remember these ordinances have been put in place to keep St. Anthony clean, safe, and healthy. If you have a housing code question or would like to report a possible violation, please contact the Rick Lundeen at 612-782-3438. For your convenience, the City Code is also available online at [www.ci.saint-anthony.mn.us](http://www.ci.saint-anthony.mn.us).

## Curbside Branch Chipping, August 21-23

### APPLICATION FORM

#### 2006 CITY OF ST. ANTHONY BRANCH CHIPPING PROGRAM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

I hereby request that branches be chipped by the city of St. Anthony Public Works Department at the above address between August 21-23. I understand that I will be charged \$15 for each 10 minutes of chipping and that I will be billed on my October 2006 water/sewer bill. A minimum of \$15.00 will be charged. **Branches must be at the curb.**

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

The Public Works Department will be doing curbside branch chipping for residents August 21-23. If you wish to have branches chipped, complete the form on the left and return it to city hall. Branches must be left at the curb, maximum branch diameter is 8", no tree stumps and do not bundle branches with wire. For more information, call 782-3301.



## American Cancer Society Relay for Life of St. Anthony

A "Celebration of Life" all night camp out honoring all those touched by cancer.

### Highlights:

6:00 pm - Opening Ceremony, followed by the Survivor's lap to kick-off the Relay -

10:30 pm - "Sounds of Hope" Luminaria Ceremony - speaker SA Police Officer Mark Mosby - Relay For Life Honorary Chair & Cancer Survivor, and moving musical tribute including a slide show presentation honoring everyone touched by cancer - those still fighting, caregivers, and those lost to the disease.....

Make your way to the Football field for this very Special ceremony.....over 1,000 luminaria's will be lit - a loving symbol of bringing "Light" to darkness in a persons cancer journey.....Open to the Public- Everyone Welcome!

Michele Jacobs  
Event Chair (612) 916-1135

\*Luminaria Bags are available to be picked up or dropped off 7 days a week at Nativity Church - after all Services on weekends, and from 9 am-5 pm during the week at the parish office. See Jodi. Donations can also be made at this location - All funds go to cancer research, and a variety of support programs - locally and nationally. Checks can be made out to the American Cancer Society. Thank you!

On-site fundraising will also be going on - visit the Survivors Tent!

Pre-event Fundraisers - Culvers - 4 weeks in July!  
Applebees - Date to be determined

Keep your eyes and ears open for Relay For Life Garage Sales, Car washes, and "Lemon-aide to Save" stands.....

June 20th - Calling all Survivors! Survivor gathering - join us in the back room at Culvers, 7-8:30pm - come meet other survivors and enjoy some Custard....  
Survivorship Activities Cindy Kasel (612) 782-8630 or Sandy Maxwell (612) 788-1891.

Teams can be formed up until the day of the event! Join us! Team Contact Julaine Crossman (612) 623-7758.

## Assessors to Review Homes

Each year, the Assessor's Office reviews one fifth of the homes in St. Anthony. This year, all homes that are south of 33rd Ave, and north of 29th Ave. between Belden Drive and Old Highway 8 will be reviewed.

The appraisers will be going door-to-door, starting with exterior inspections, and continuing with interior inspections as necessary. If an interior inspection is necessary, a letter will be sent requesting the homeowner to call the Assessor's Office to schedule an appointment.

All appraisers carry Hennepin County photo identification. Do not let anyone into your home without this identification. If you have any questions regarding the inspection or the assessment of real estate for property tax purposes, you may contact an appraiser at 763-531-1117.

## Mrs. Wyatt's 3rd Grade Class



Mayor Faust recognized Mrs. Wyatt's 3rd grade class from Wilshire Park Elementary at the May 23, 2006, council meeting. Mr. Mornson, City Manager, along with Mrs. Wyatt's 3rd grade class had been participating in a five-week Junior Achievement Program.

Junior Achievement was founded in 1919 by Theodore Vail. JA is a program designed to educate and inspire young people to value free enterprise, business, and economics to improve the quality of their lives. The mission of JA is to ensure that every child has a fundamental understanding of the free enterprise system.

Mr. Mornson praised the students for doing a marvelous job as future city planners and/or as architects and all of the students were presented a certificate of participation. Congratulations to Mrs. Wyatt's Third Grade Class.

## Grass Clippings- Good as Gold for Your Lawn

### Why bag your grass clippings?

After all, lawn care is hard work. Bagging your lawn clippings is one of the most time consuming parts of the job. Sure, your lawn looks great afterwards but, the bigger your lawn the more clippings, more trash bags and the more exhausting the process.

Now consider for a moment not bagging your grass. Gone are the hassles of stopping every few minutes to empty the mower, raking wrestling with expensive trash bags. Instead, your clippings are working their way back into the soil.



You may say not bagging your grass is unhealthy for your lawn, will cause excessive thatch build-up and kill your lawn. The fact is that most thatch is not made of grass, but roots, dead leaf sheaths, and rhizomes which decompose slowly. Grass clippings decompose rapidly and can help make your lawn more vigorous and durable.

Clippings contain the nutrients your lawn needs to grow. Every bag of grass clippings contains up to 1/4 pound of usable organic nitrogen. You can reduce your fertilization costs by recycling lawn clippings back into the lawn.

Successfully recycling grass clippings back to your lawn requires only the kind of attention all lawns should have on a regular basis.

- \* Mow when your grass is dry and 3" to 4" tall. Never cut it shorter than 2" to 2 1/2" in height. This height will allow your lawn to have a larger and deeper root system, making a stronger defense against weeds and droughts.
- \* Use a sharp mower blade (a mulching mower if you have one). A sharp blade and frequent mowing will mean finer clippings that will decompose quickly.
- \* Avoid over fertilizing your lawn. If it becomes too dense with growth, your clippings won't reach the soil to decompose.
- \* Remove excessive thatch before leaving your clippings on the lawn. Although a 1/2" of thatch is no problem, a thick layer will keep clippings from reaching the soil.
- \* Limit the use of lawn chemicals. Save money and allow soil organisms to return nutrients to the soil by first correctly diagnosing lawn problems and then applying corrective measures when needed.

According to turf experts, grass clippings:

- \* reduce water evaporation from the lawn.
- \* reduce lawn wear by creating a cushioning layer.
- \* facilitate better growth by providing nutrients and keeping the soil temperature cooler.

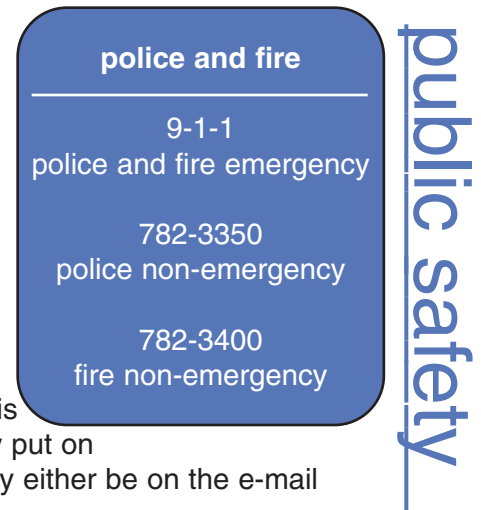
These are just a few helpful tips to increase the value of your lawn and to increase the value of our environment.

## Calling All Citizens by Chief John Ohl

Effective communications with our citizens has been a focal point for the police department. Effective communication is key in our business. Simply put, an informed public helps us better meet our goals of arresting offenders, preventing crime, solving problems and increasing the overall quality of life.

The police department now has a new communication tool at our disposal. The police department has created a "List Server" which allows citizens to self-subscribe to an e-mail alert system. All a resident has to do is enter the City's website ([www.ci.saint-anthony.mn.us](http://www.ci.saint-anthony.mn.us)) and check under the "Hot Topics" heading. Under this heading, you will find a "Sign up for Police List Server" icon. Click on this option and complete your name and e-mail address. You will then be automatically put on a list to get e-mail alerts from the St. Anthony Police Department. These alerts may either be on the e-mail itself or the e-mail may direct you to the City's website for detailed alert information.

Again, effective communication with the public is a very valuable tool, and we look forward to the improved communication and crime prevention effects which are sure to be the result.



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## Heat Illnesses by Mark Sitarz

A couple of weeks ago, a close relative of mine was eating dinner at a restaurant up north. Not feeling too well he told his wife that he needed some fresh air. As she turned to him to answer, she noticed him sweating profusely and turning a pale grayish color. His hands curled inward, his mouth open wide and a blank stare that had no response. His eventual collapse brought about turned heads, loud gasps, teary eyes, and the shout to "call 911!". After a 25-minute wait time for medical attention to arrive, the diagnosis was eventually severe dehydration.

Heat illnesses occur quite frequently here in Minnesota during the summer months. As Minnesotans, we try our best during these warmer times to take advantage of the day and accomplish as much as we can both inside and outside. But that go-go attitude can really cause some severe health issues that can be life threatening however preventable. The following are the 3 examples of heat illness:

- \* Heat Cramps are muscular pains and spasms due to heavy exertion, which can involve the abdominal muscles or legs.
- \* Heat Exhaustion typically occurs when people exercise heavily or work in a warm humid place where body fluids are lost through heavy sweating. As the body cools blood flows to the skin and away from the vital organs (such as kidney, heart and liver). This results in a form of mild shock.
- \* Heat stroke (or sunstroke) is the most serious heat emergency. The body loses its ability to regulate its own temperature. Classic heat stroke patients may show one or all of these signs: rapid pulse, high temperature and a lack of perspiration. It is life threatening. A person suffering from heat stroke requires immediate medical attention.

All 3 of these illnesses are preventable by drinking plenty of fluids, resting when needed, and finding a cool place to relax. Try to take advantage of shade, fans and air conditioning when available. Heat illnesses don't just happen to those who work outside but rather when you are in a hot environment. Those most affected by the heat are children, the elderly, and people with health problems.

All is well in my family once again but the scare was enough to cause some major reactionary changes. We now own stock in Gatorade, pillows are placed at the base of all our trees for naptime, and it takes 3 days just to cut the grass.

## National Night Out

On Tuesday, August 1, from 6:30 p.m. to 10:00 p.m., neighborhoods throughout St. Anthony are invited to join forces with communities nationwide for the 23rd Annual National Night Out (NNO) celebration. Residents and neighborhoods throughout St. Anthony will be hosting a variety of special events such as block parties, cookouts, and visits from St. Anthony City Officials.

In conjunction with National Night Out, the St. Anthony Police Department will be doing National Child Identification Program and offering free child identification kits. During your celebration, officers will be visiting and offering these identification kits. For more information on these identification kits contact Sergeant Mangseth at 612-782-3366.

The St. Anthony Cub Foods Store (3930 Silver Lake Road), is once again partnering with the St. Anthony Police Department in promoting "National Night Out" events. The Cub Store is providing a 5 quart pail of Kemps vanilla ice cream, to each resident who hosts a block party on August 1st.

Residents who plan to host a block party on August 1st, should notify Sergeant Mangseth by Monday, July 24th, by calling 612-782-3366. Leave your name, address, phone number and approximate number of people you're expecting to attend. The Police Department will deliver the certificate to you by July 28th.

If you would like more information on how you and your neighborhood can become involved, please contact the St. Anthony Police Department at 612-782-3350.

## SCHEDULE OF EVENTS

### July

- 4.....Offices Closed Independence Day
- 18.....Planning Commission Meeting
- 20.....Water Bills Mailed
- 25.....City Council Meeting

### August

- 1.....National Night Out
- 4-6.....Village Fest
- 8.....City Council Meeting
- 15.....Planning Commission Meeting
- 20.....Water Bills Due
- 22.....City Council Meeting
- 29.....Joint Meeting with School Board

### September

- 4.....Offices Closed Labor Day
- 9.....Absentee Voting
- 12.....Primary Election
- 12.....City Council Meeting
- 13.....Comp Plan Task Force Meeting
- 19.....Planning Commission Meeting
- 20.....Reading Cards Mailed
- 26.....City Council Meeting

### October

- 9.....Offices Closed Columbus Day
- 10.....City Council Meeting
- 17.....Planning Commission Meeting
- 24.....City Council Meeting
- 31.....Joint Meeting with School Board

### November

- 4.....Absentee Voting
- 7.....General Election
- 10.....Offices Closed Veteran's Day
- 14.....City Council Meeting
- 21.....Planning Commission Meeting
- 23-24.....Offices Closed Thanksgiving
- 28.....City Council Meeting

The City of St. Anthony website is [www.ci.saint-anthony.mn.us](http://www.ci.saint-anthony.mn.us), it is filled with alot of useful information. Checkout the site!!

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