

Village NOTES

“A Village in the City”

Winter 2022

A Day in St. Anthony

By, Mayor Randy Stille

While out and about, I often find myself engaging with locals about the various attributes St. Anthony Village (SAV) has to offer. And, on the Tuesday before Thanksgiving, this was no exception.

My SAV-logoed mask happened to spark-up a conversation with two Silver Lake Clinic health care providers. I listened as they expressed their deep admiration, gratitude and appreciation for our Village and the residents they serve.

That same day, I attended *Students in Government*, a City-led program that provides St. Anthony Village High School students with hands-on experience to learn about the functions of local government. Staff shared how impressed they were with each student's level of engagement. They also noticed how courteous and thankful the students were throughout the day.

Later that afternoon, I and my fellow councilmembers, helped interview candidates for the Parks and Environmental Commission. During the interview process, caring residents expressed their appreciation for all St. Anthony has to offer, sharing their commitment to serve in a more formal capacity.

Finally, at that evening's City Council meeting, the entire Council had the privilege of reviewing fire-prevention posters made by St. Anthony fourth-grade students. Each student was challenged with creating a poster that demonstrates their

understanding of fire safety within the year's theme, "Learn the Sounds of Fire Safety."

By sharing a few highlights of my day, I hope all of us—at any stage in life—understand that we can make a lasting impact in our community. And, if joining a local organization isn't your forte, there are additional ways to support St. Anthony. From picking up trash while taking a walk, to shoveling snow from a nearby sidewalk—these good deeds help improve our quality of life.

And, within those quiet acts led by kindness and courtesy, it's easy to recognize the source of appreciation that I often hear about St. Anthony and its residents. The vitality of our community is strong and far-reaching.

I thank each of you for the role you continue to play in making our Village welcoming, innovative and thriving. On behalf of the St. Anthony City Council, I wish all of you a safe and Happy New Year. ■

Happy New Year! 2022



IN THIS EDITION:

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CITY COUNCIL AND ADMINISTRATION

Students in Government 2021

By, Charlie Yunker, City Manager

On Nov. 23, the City hosted seniors in AP Government class from St. Anthony Village High School (SAVHS) for *Students in Government*, an annual event that provides hands-on experience and understanding of how a local government functions and the services St. Anthony (SAV) provides.

Kicking off the day's activities was Executive Director Dave Unmacht, with the League of Minnesota Cities. He provided a brief overview of local government structures in Minnesota, and in SAV. Students then got the chance to tour SAV facilities and worked through an exercise that helped them understand the challenges involved in land-use planning.

One of the highlights was a visit and Q/A with Mayor Randy Stille and Councilmember Wendy Webster. They gave students an opportunity to ask questions about what it's like serving on the SAV City Council.

After lunch, the students participated in a mock-city council meeting where they considered various scenarios that a real-world council may face. Students that served on the mock council were provided a couple courses of action and weighed the pros and cons while coming to a decision. SAV staff in attendance felt that the students did a great job of approaching each scenario with careful, thorough consideration. Our hope is that students found the day beneficial and maybe would consider a career in local government! Many thanks to the SAV and St. Anthony-New Brighton staff, who dedicated their time and creativity to arrange for the day's activities. ■

Meet Zach Lundberg, Public Works Superintendent



In October, the City hired Zach Lundberg as the new Superintendent of Public Works. Zach comes to St. Anthony after serving for 10 years with the Ramsey County Public Works Department. And, he happens to be very familiar with our City as some of his prior duties included St. Anthony.

Zach has enjoyed these past few months being a part of the Public Works team, and meeting many St. Anthony residents along the way.

In his free time, Zach remains active with his family, thanks in part to his two teenagers' sporting activities that include hockey, volleyball, and golf. He is deeply committed to his community, serving over the past 13 years as an EMT and officer with his local paid-on-call fire department. Welcome, Zach! ■



Students and City staff take part in a hands-on planning activity.



Students on the mock-city council review information presented to them before they come to their final decision.

Get to Know Your City Council!



savmn.com/CityCouncil



Randy Stille
MAYOR

- **Current career or past career:** Currently employed as a Senior Vice President in Commercial Real Estate at Associated Bank
- **Hobbies:** 50+ Baseball with St. Anthony Codgers and golf.
- **Favorite movie:** Hunt for Red October
- **Favorite hot dish/casserole/goulash:** Modified Tuna Noodle Casserole with jalapeños
- **What do you love about St. Anthony:** I love that this is a community where at any time, my wife Donna and I can walk our dog Ruby safely, and strike a conversation with residents. ■



Wendy Webster
COUNCILMEMBER

- **Current career or past career:** Director of Community Services and Communications for the St. Anthony-New Brighton School District.
- **Hobbies:** Gardening with native plants, exploring new restaurants, spending time at our family cabin with my husband and teenage sons.
- **Favorite movie:** Harriet.
- **Favorite hot dish/casserole/goulash:** Homemade macaroni and cheese
- **What do you love about St. Anthony:** I love the people of St. Anthony and the stories shared with me by community members ages 3 to 103! ■



Bernard Walker
COUNCILMEMBER

- **Current career or past career:** Professor of philosophy (ethics and philosophy of religion).
- **Hobbies:** I enjoy playing and teaching tennis. I love teaching and practicing martial arts. I work out and teach boot camp at LA Fitness. I love to cook.
- **Favorite movie:** Chariots of Fire
- **Favorite hot dish/casserole/goulash:** Basil Thai Chicken and Butter Chicken.
- **What do you love about St. Anthony:** The small size of the city allows residents to know each other better and to get to know city department heads and staff. ■



Thomas Randle
COUNCILMEMBER

- **Current career or past career:** Currently employed at St Anthony health and rehabilitation.
- **Hobbies:** golfing and smoking meat.
- **Favorite movie:** Tombstone.
- **Favorite hot dish/casserole/goulash:** Shepherd's pie but not with ground beef, beef tips instead.
- **What do you love about St. Anthony:** I love the peace and tranquility of St Anthony Village. I love the actual beauty of the city, and the pride of home ownership that people have in their properties. ■



Jan Jenson
COUNCILMEMBER

- **Current career or past career:** Retired operations manager- Honeywell Aerospace, 38 years.
- **Hobbies:** Football, baseball, golf, reading; being a grandparent.
- **Favorite movie:** Star Wars; Lord of the Rings.
- **Favorite hot dish/casserole/goulash:** Beef Stroganoff with Cooked Red Cabbage.
- **What do you love about St. Anthony:** Proximity to Minneapolis and St. Paul, yet our small-town feel. The quick response from our public safety groups and our Independent School District. I enjoy watching young families move into our City. ■

STAY INFORMED

Removing Racially Restrictive Language in Covenants

By, Jennifer Doyle, Human Resources Coordinator/ Deputy City Clerk

The City of St. Anthony Village is partnering with Just Deeds, a coalition of community stakeholders committed to acknowledging and addressing systemic racism in housing in Minnesota. Just Deeds helps Minnesotans take a step towards Racial Equity by removing wording that has been in restrictive covenants since the early 1900's.



The purpose of such covenants was to push anyone that wasn't of the Caucasian race into economically

depressed areas and exclude them from owning or occupying land in certain communities. This caused socioeconomic segregation which has impacted communities all over the country to this day. Mapping Prejudice, a project by the University of Minnesota, had created maps detailing how these covenants

impacted the demographics of over the last hundred and eleven years. They have compiled a list of addresses in Hennepin County known to have these types of covenants in them. With this information, Just Deeds has partnered with local attorneys to remove such restrictive language from residents' covenants free of charge. (Will be available to Ramsey County residents in the near future.)

Our City Council recently approved partnering with Just Deeds to help the residents of St. Anthony remove any such restrictive language from their covenants. To find out more about Just Deeds, Mapping Prejudice, or how to have your covenant reviewed for restrictive language, visit savmn.com and go to the Residents tab and Just Deeds. Residents can also email Jennifer Doyle, HR coordinator/deputy city clerk, at jennifer.doyle@savmn.com. ■

Preventing Evictions as Moratorium Protections Phase

Minnesota's eviction moratorium— put in place to prevent renters from losing their homes in the wake of COVID-19 instability— is phasing out. Renters can be evicted for nonpayment of rent unless they have pending applications for COVID-19 rent assistance. Preventing evictions is key to preserving long-term housing stability and preventing the spread of COVID-19. The Family Housing Fund and its partners are expanding their approach to eviction prevention to meet the urgent needs of this moment and help families stay in their homes. For more information on the Family Housing Fund, visit fhfund.org. Resources and additional information are also available at renthelpmn.org and <https://housinglink.org>List/emergency-rental-assistance/> ■



CITY PLANNING

Why does the City do Planning and Zoning?

By, Steve Grittman, City Planner

Not many people think about planning and zoning until a new development pops up nearby, or they need City approval for an upcoming project. In order to set goals for long-term development and to establish the character and overall feel of a community, cities apply various planning and zoning tools. Without clear objectives and parameters, it's difficult to know where you're headed or when you've arrived!

More than a century ago, zoning began as an implementation tool for planning. Prior to that, most land-use regulations took the form of nuisance lawsuits where one property owner would claim a neighbor was doing something that infringed upon their property rights (rights, such as "quiet enjoyment"). Suing to protect one's property rights is onerous, expensive, and unpredictable. It limits the ability of the community to pursue common land-use goals.

Codifying expectations

Within a residential neighborhood, most people expect predictability. For example, someone decides to mow their lawn at the same time as you host your patio party, or the highly-anticipated FedEx or Amazon truck swings through— which seems to be happening more and more often these days. You've also come to expect that your neighbor *won't* choose to weld on their boat trailer at one-in-the-morning, or operate a commercial dance hall in their basement. Zoning codifies expectations based upon a common

understanding of land use and planning objectives. While zoning doesn't solve all problems, it aims to minimize

neighborhood conflicts, and remain in-line with the City's Comprehensive Plan, which provides a unified vision for the community.



Land-use variances

A prevailing misconception is that variances can easily overcome required zoning regulations. Instead, the adopted regulations are considered to be the City's overwhelmingly appropriate rules— things residents and businesses can rely on. Variances are only used in very rare conditions; they require something so unique about a property that the regulations can't be fairly applied for the normal, expected use of the land.

There seems to be a great deal of news these days about zoning and how it is used (or sometimes, misused). As part of St. Anthony Village's commitment to walkability, sustainability, and safety, the City is constantly engaged in applying its regulations fairly, along with updating and streamlining the code for readability and consistency. We welcome any inquiry about topics that we're currently working on. Please feel free to contact me at planner@savmn.com with any questions or comments. ■

City Commission Opportunity



The Parks and Environmental Commission will have one seat available beginning January 2022. This paid-per-meeting governing body makes recommendations to the City Council regarding policies, practices, and proposals that relate to the sustainable use and management of environmental

resources, including air, water, energy, land, ecological resources, and waste. This commission meets quarterly at 7 p.m., on Mondays, in the Council Chambers. Applications are available at City Hall or savmn.com/BoardsandCommissions. Deadline to apply is Jan. 30, 2022. Return applications to: Nicole Miller/City Hall/3301 Silver Lake Rd./St. Anthony, MN/55418. ■

SUSTAINABILITY

Proper Disposal of Holiday Trees and Greenery

With the continued threat of the Elongate Hemlock Scale (invasive tree insect), the Minnesota Department of Agriculture advises to not leave evergreen holiday trees in your yard all winter.



Please use one of the following disposal options:

- 1. Bring your tree to a Ramsey County yard waste site for free.** All SAV residents (Hennepin & Ramsey counties) can use the Ramsey County yard waste sites for free. Trees and branches are accepted at Arden Hills, Frank and Sims, Midway

and White Bear Township sites only. For hours and locations, visit RamseyRecycles.com/YardWaste or call 651-633 EASY (3279). Remove all decorations, lights, tinsel and tree bags. Flocked trees are not accepted and may be placed in the trash.

2. During the first two weeks of the year, haulers will pick up trees at no charge. ***This applies to single family houses that are covered under the organized collection contract.*** If you have questions, please call 612-782-3301.

While a holiday tree can legally be placed in the trash, we encourage you to bring it to a compost site where it will be turned into mulch. The Elongate Hemlock Scale is also a continued threat in wreaths, garland, swags, boughs and potted arrangements. Please place them in the trash. Questions: 651-633-EASY (3279). ■

Glad to Have Been a Parks and Environmental Commissioner

By, Therese Bellinger, Parks and Environmental Commission Chair

While reading the Village Notes newsletter six years ago, I came across a section where the City listed volunteer opportunities for the upcoming year. Intrigued, I read on. I learned that the commitment was reasonable and one didn't need job experience. Age didn't matter, nor did your length of time as a St. Anthony resident. You merely needed a willingness to serve and a desire to engage and contribute. I inquired and applied. And thankfully, I found myself on a seat for the Parks and Environmental Commission. I didn't know a lot about being a Commissioner, but was anxious to learn. So, the next thing I did was visit all of our City parks. It was exciting to see all they had to offer. I now felt like I could answer questions that visitors and neighbors might ask.

Meetings would come to be an adventure. Those in attendance came from a variety of city-involved groups, providing updates and future plans. City Council might also ask us for recommendations or resolutions. Residents would use this platform

to present ideas or concerns. And as Commissioners, we had the opportunity to ask questions and collect information. We would gather data and help prepare the Parks and Environmental work plans for the upcoming year. We were involved in making changes and making a difference. It was very rewarding.



This letter marks the end of my term as a member of the Parks and Environmental Commission. Being a part of this advisory group gave me great satisfaction in providing recommendations to our City Council. I am grateful to have been part of this experience. I hope fellow residents will read this and consider getting involved within our community. If I can do it, so can you. It has paved the way for many other things- and I am a better person for it. Thank you to my fellow residents, fellow Parks and Environmental Commissioners, and most importantly, to my fellow City Council members, for giving me an opportunity to be involved and make a difference. ■

PUBLIC SAFETY

Update from Police Chief Mangseth: Traffic and Pedestrian Safety



As One of the top concerns that we hear from our community focuses on issues related to traffic and pedestrian safety. Our goal is to facilitate a safe and expeditious flow of traffic through the public's voluntary compliance with regulations to reduce collisions and injuries.

The St. Anthony Police Department (SAPD) uses a combination of data analysis, education, community input and enforcement to help make our roads safer to use. We educate the public by publishing traffic-stop data, collision and injury data, and by providing notice and warnings of changes in regulations prior to taking further action of enforcement. If deemed necessary (and depending upon the violation), enforcement can vary and consist of a warning, citation, application for complaint, or physical arrest.

Driving behaviors that statistically lead to injury

We recognize that certain driving behaviors are statistically most likely to cause injury crashes on our roadways, and are of particular concern to community members. Examples of these moving violations include (but not limited to):

- Speeding
- Light signal and stop-sign violations
- Distracted driving
- Impaired driving
- Seatbelt violations

Therefore, officers focus on the above moving violations to enhance traffic and pedestrian safety. They will place these violations ahead of vehicle equipment and vehicle registration violations (in absence of other factors).

Traffic and pedestrian safety deployment plan

Several factors are considered in the development of traffic and pedestrian safety deployment schedules for

our officers. Information provided by the Minnesota Office of Traffic Safety and our in-house Record Management System are valuable resources for traffic-collision occurrences and officer deployment. Some of the factors include:

- Location
- Time
- Day of week
- Violation factors
- Traffic-collision data
- Electronic traffic monitoring devices (Jamar Box, speed cart)

Minnesota Department of Public Safety's Toward Zero Deaths

Our agency participates in the Minnesota Department of Public Safety's Toward Zero Death grant program that places more officers on our roadways that will monitor for dangerous driving behaviors. We also utilize detection devices to determine problem areas so that resources can be better allocated to those locations. Active devices, such as mobile speed carts, are used to record traffic data and vehicle speeds. Most importantly, we rely on input from you, our residents, to help us focus on problem areas within the community.

Fair and impartial policing and procedural justice

Through policy and training initiatives, the SAPD will continually work to ensure that we are adhering to the principles of fair and impartial policing and procedural justice while engaged in public safety traffic stops. We remain mindful that policing involves a partnership with the entire community. And as a partner, we will continue to work cooperatively to ensure that we are aligned with the goals of traffic and pedestrian safety that are outlined in our department's strategic plan.

Future topics to cover

Do you have a topic of interest that you would like me to address in an upcoming Chief Update? Please send your suggestions and ideas to jon.mangseth@savmn.com. ■

Tax-Related Identity Protection

By, Sgt. Mike Huddle

Did you know that the IRS provides resources and references to help you protect your tax-related identity information against fraudsters, scammers and identity thieves? Many of these resources are easy tips that we can do ourselves to make it more difficult for someone to steal sensitive information. You can find all of this information on the IRS website at irs.gov by simply searching the site for “tax security”. The IRS recommends the following steps to protect yourself from becoming a tax-related identity theft victim:

- Use security software and keep it up to date.
- Use strong passwords (10-12 characters that include numbers and symbols).
- Only send personal information over encrypted/secure websites – check for the “https” in the website URL address.
- Backup your computer files on an external hard drive.
- Research companies to determine who you’re really dealing with while online.
- Do not leave personal information lying around or displayed upon a computer screen.

Beware of “phishing” emails, phone calls, or text messages that appear to be from the IRS, or financial institutions that you might be familiar with and normally trust. Go directly to the company’s

website to check for legitimate information. Don’t click on links from suspicious, unexpected or unknown emails, and don’t download attachments if you’re not sure who sent it or aren’t sure what it is. Do not install or download software unless it’s from a company or website you trust and is familiar. Use a pop-up blocker on your website browser.



Avoid falling victim to IRS impersonators. The IRS does not call taxpayers and threaten lawsuits, arrest, or jail time. The IRS also does not send unsolicited emails requesting that you update your account, provide sensitive personal or financial information online, or to inform you of a refund. The IRS does not initiate contact through text messages or via social media. They will not demand fine payments by using retail gift cards. These are all indicators of a scam.

The IRS suggests **to check Social Security records on an annual basis** by signing up for My Social Security (ssa.gov). The IRS also recommends to check your credit report annually and to regularly check bank & credit card statements. If you are a victim of tax-related identity theft, visit irs.gov/identitytheft ■

Winter-Related Ordinances

By, Sgt. Mike Huddle



Each winter, Public Works (PW) diligently clears snow from our City roads to provide safe passage for pedestrians, traffic and emergency vehicles. In order for PW to accomplish this in a timely manner, vehicles need to be moved from the street and parked on driveways or in an open parking lot.

St. Anthony’s city ordinance 72.36 prohibits parking of a vehicle on any city street for a period of 48 hours, “commencing immediately after two inches of snowfall, or until

snow removal has been completed curb to curb.” Please share this information with your guests and visitors in order to avoid being plowed around or ticketed. And, just between us, officers don’t like writing parking tickets.

Bonus tip: It’s difficult for drivers to see pedestrians when it’s dark outside. If you walk when it’s dark, please wear reflective or light-colored clothing, and carry a light with you.

Contact the SAPD at 612-782-3350 if you have questions or would like crime information, prevention tips, or reports. Follow us on Facebook and Twitter for alerts and updates. Need to report a crime or suspicious activity, please call 911. ■

FINANCE

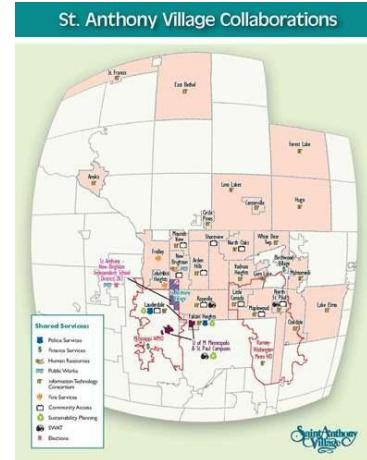
NineNorth Contracts with City for Financial Services

By, Shelly Rueckert, Finance Director

In the late summer of 2021, our Finance Department added an additional service to its portfolio by agreeing to manage the accounting and financial processes for local government and media channel NineNorth. As its name indicates, their programming covers a total of nine cities that are within close proximity to each other; one of the nine being St. Anthony Village.

The financial services package for NineNorth is similar to what our team has been providing to the Mississippi Water Management Organization (MWMO) over the past several years. The experience with the MWMO has given us the ability to replicate a similar template to fit the needs of NineNorth.

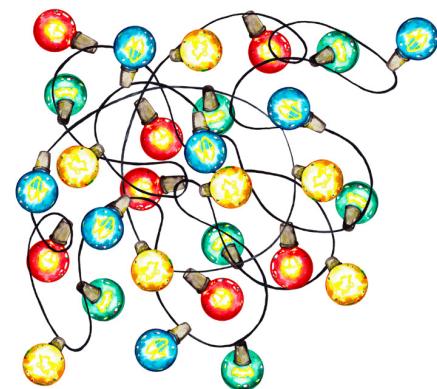
This new venture not only provides NineNorth with an efficient accounting process, but it also creates more capacity within the City's accounting department, at no additional cost. This expansion of our existing partnership is beneficial to both parties, similarly to the benefits provided by St. Anthony's numerous collaborative partnerships. ■



Recycle Unwanted Holiday Lights at City Hall

The City is accepting unwanted holiday lights through the end of January. Lights can be deposited in a container located at the Community Center, outside of the entrance to City Hall.

The lights will be brought to Tech Dump, a 501(c)(3) electronic waste recycler with a mission to protect the environment, to provide safe and secure electronics recycling, and to create stable jobs for people with barriers to employment. Questions: Contact City Hall at 612-782-3301. ■



RECYCLE YOUR CARDBOARD

FREE for St. Anthony residents!



Saturday, Jan. 8
9am to 1pm



Public Works garage
3801 Chandler Dr.



CITY PROJECT UPDATES

2022 Street and Utility Improvement Project

The 2022 Street and Utility Improvement Project. Consists of the complete street and utility reconstruction along Rankin Road from 33rd Avenue to 31st Avenue.

Proposed utility improvements include sanitary sewer and water main replacement including individual services to the right-of-way boundary, fire hydrants, water valves, and manholes. The proposed project will also include the construction of a new storm sewer system to improve drainage along the project corridor.

Additionally, included with the 2022 Street and Utility Improvement Project are asphalt resurfacing (mill and overlay) improvements along the following roadways:

- Crestview Drive from 29th Avenue NE to 31st Avenue NE
- Armour Terrace from Silver Lake Road to Crestview Drive
- Bell Lane from Armour Terrace to Crestview Drive
- East Gate Road from Crestview Drive to Rankin Road
- Coolidge Street Alley from Murray Avenue to 29th Avenue NE
- Murray Avenue / St. Anthony Boulevard Alley from Wilson Street to Coolidge Street
- 29th Avenue NE / St. Anthony Boulevard Alley bounded by 29th Avenue NE, Roosevelt Street, St. Anthony Boulevard, and Stinson Boulevard.

The project is currently out for bid with the project anticipated to be awarded to the lowest responsive and responsible bidder in April of 2022. ■



2021 Street and Utility Improvement Project

The Contractor has substantially completed the street reconstruction, utility replacements, restoration, and clean-up on the 2021 Street and Utility Improvement Project.

The contractor will return in the spring to complete any final turf establishment and place the final layer of asphalt pavement along Skycroft Drive and Croft Drive between 33rd Avenue and 32nd Avenue.

Should you have any questions or concerns with construction, please call Jake Grainger at 612-364-5319. ■



More Salt Isn't Always the Answer

By, Justin Messner, City Engineer

Using salt (chloride) in icy winter conditions is a necessity for safe roads, sidewalks, and driveways. Unfortunately, excessive salt use is polluting lakes and rivers, and disrupting natural ecosystems. Become a smart salter by reducing your use of salt, when possible:

- Shovel/sweep snow prior to putting salt down; you won't need as much salt.
- Below 15 degrees (F), salt loses effectiveness. Consider sand or other de-icers.
- Only apply salt where needed and leave space between granules. An average coffee cup holds enough salt for 10 sidewalk squares or a 20-foot driveway.
- Sweep up leftover salt to reuse later.
- Remember, it only takes 1 teaspoon of salt to pollute 5 gallons of water! ■



Photo credit: Lake Superior Streams Regional Stormwater Protection Team.

SNOW & ICE REMOVAL

Do your part this winter to help keep St. Anthony a walkable, safe community!

- Even though Public Works strives to clear snow throughout the City in a timely manner, **it's helpful when property owners/occupants help maintain their sidewalks to prevent unsafe, unwalkable conditions.**
- Bare pavement is not always possible due to harsh winter conditions. Public Works does not apply rock salt (as a general rule) to sidewalks due to our City's environmental sustainability efforts:
 - Salt eventually finds its way into lakes, rivers, streams & ponds causing environmental damage.
 - Salt is harmful to plants, trees, wildlife and pets.
 - Salt can cause concrete to deteriorate.
 - If salt is necessary, use it sparingly.



SAVMN.COM/SNOWANDICE



**Sign up for
snow-plow alerts:
SAVMN.COM**



Contact City Hall immediately at 612-782-3301 during normal business hours. After business hours, contact the Fire Department at 612-782-3400. City crews will be dispatched to evaluate the situation and assist the property owner. Remember, the property owner is responsible for maintaining water or sanitary sewer service from their building up to and including the connection to the main water and sewer lines. ■

PUBLIC WORKS

Frozen water pipes – Prevention & Tips

By, Jeremy Gumke, Public Works Director

Whether it's an unexpected cold snap or an extended deep freeze, very cold winter weather can cause the water in your water pipes to freeze. The pressure of the expanding ice can rupture the pipe, releasing hundreds of gallons of water per hour and causing thousands of dollars of damage to your home or business. Expensive, messy...and easily preventable.

Risky locations

Pipes are most susceptible to freezing when located:

- In an outside wall.
- Under a sink on an outside wall.
- In an unheated crawlspace.

There are a few things you can do to prevent the problem of freezing pipes:

- Leave the water running at a slight trickle (the size of the lead in a pencil). The dripping water will keep the water in the pipe from freezing. Be sure to have both hot and cold valves open.
- Open kitchen and bathroom base cabinets and let room air circulate.
- Open base cabinets and place a small portable heater near or in it to heat the pipes.
- Wrap the problem pipe with electrical heat tape.
- Insulate problem pipes with foam insulation wrap, especially those that run through unheated spaces.
- Temper the currently unheated crawlspace by placing a heater in the crawlspace. You just need to elevate the crawlspace temperature to modestly above freezing, about 40°F.
- Remove the hoses from your outdoor faucets, and then turn off the outside water supply at the shut off valve inside the house.

Tips on thawing frozen pipes

If a pipe bursts before it is thawed, immediately shut off the water at the water main to prevent further damage!

- Frozen but not ruptured? If you turn on the faucet and the water doesn't come out or comes out in a trickle, your pipes are probably frozen.



You need to act quickly to thaw the frozen pipe before it bursts.

- Identify the frozen water supply pipe.
- Open a faucet supplied by the frozen line, even if you have not found the frozen spot.
- To find the blockage, follow the pipe back from the faucet to where it runs through cold areas such as an exterior wall, unheated crawl space or in some cases an unheated basement if the pipe is near an outside wall.
- Often the frozen area of the pipe will be frosted or have ice on it. If the situation is getting critical the pipe may be slightly bulged or look slightly fissured.

Frozen pipe behind a wall

Leave the main water valve near your water meter open when thawing the pipe.

- If the frozen pipe is behind a wall or ceiling, you've got a challenge on your hands. You have three choices:
 - Turn up the heat in the house and wait.
 - Use an infrared lamp or lamps to heat the wall where you think the frozen area is located. Infrared lamps are better than regular heat lamps because the heat passes through the air without heating it, directing more energy to warming the wall and frozen pipe.
- Tear out part of the wall or ceiling to get at the frozen section of pipe. Then thaw the pipe as an exposed pipe. —Continued on page 13

Frozen water pipes- Prevention & Tips, continued—

Exposed frozen pipe

Never use a flame torch because of the fire hazard it creates. Open flame torches are the most common cause of pipe thawing related home fires.

- Heat the pipe from the faucet toward the frozen area. This way, the water can flow out as the ice melts and the water pressure in the pipe will force the ice out once it melts sufficiently.
- If the frozen pipe is exposed, you have several options:

* *Hair Dryer:* One of the best and safest ways to thaw the pipe is to heat the area with a high-power hair dryer. Again, make sure to open the faucet and then heat the pipe working back from the faucet toward the frozen blockage. If the pipe is close to the wall, put a cookie sheet behind the pipe to help radiate heat onto the back side of the pipe.

* *Heat Lamp:* An infrared or incandescent heat lamp works well to heat an exposed pipe. If the pipe is close to the wall, use a cookie sheet behind the pipe to reflect heat onto the pipe.

Burst Pipe Emergency

As soon as you discover a burst pipe, **turn off the water supply.**

- Turn off the main water shut-off valve. You should find this in the basement or where the service pipe enters your home.
- Drain the system by turning on all your cold-water valves.



Call a professional plumber. Do what you can to collect and manage the leak. If water has been leaking through for some time and the ceilings are bulging be careful. The room may not be safe to enter.

- If you notice the leak quickly you can catch dripping water in buckets.
- Make a hole in the ceiling to let water out.

Turn off electronics and appliances.

- If water leaks near your electronics or electrical appliances, switch off the breakers for each one of them immediately. If it is wet- don't touch! ■

Skating Rinks

By, Jeremy Gumke, Public Works Director

We are excited to re-open the warming houses at Emerald, Central, and Silver Point parks this skating season! Skating rinks are generally open from late December until early March, depending on weather conditions and the safety of the ice. Please continue to follow recommended COVID-19 safety guidelines. ■



warming house hours

- **Monday-Friday: 4pm to 8:30pm**
- **Saturday: 10am to 8:30pm**
- **Sunday: 1pm to 8:30pm**
- **Non-school days: 10am to 8:30pm**

MUNICIPAL LIQUOR STORE

Meet Josh Hudson, St. Anthony's Wine & Spirits New Full-time Clerk



With 18-years of experience in the retail liquor industry, Josh Hudson is more than familiar with St. Anthony's highly-respected and city-owned operation. Back in February of 2020, just as the global pandemic began to take hold, Josh was looking for a new venture after spending the past couple years as a stay-at-home dad. "When choosing the next step in my career, it was very important to me that I join a workplace that is close to home and that I could take pride in," explains Josh.

Josh has an inherent desire to play a positive role within this community.

"I knew from visiting both locations that the SAV liquor stores are welcoming, well-stocked, and fun to shop. It was a perfect fit for me," said Josh. With this new role, he can remain invested in the community and simultaneously help further the City's welcoming culture of service. And, over the last year and a half, Josh has met many wonderful residents and friends along the way. "I enjoy learning the names of my regular customers through our Royalty Club Card program- I hope to become their friends along the way! As a representative of our City, I have the support of our City operations- from the Police and Fire departments, to Public Works, and City Hall, I know they are there for me; that it itself is humbling. "I have great pride in the job that I do. It's a valuable service for all residents, with profits going directly to the betterment of St. Anthony Village," said Josh.

Stop by either store if you need help selecting a delicious bottle of wine, beer, or spirits, for any occasion or celebration. Josh can be reached at Joshua.hudson@savmn.com or at 612-782-3451 or 612-782-3452. ■

The Spirit of St. Anthony Award

By, Jennifer Doyle, Human Resources Coordinator/ Deputy City Clerk

Congratulations to Mary Piper for being named the recipient of the 2021 Spirit of St. Anthony Award! Mary has been with the City since May of 2018. This award provides staff with an opportunity to honor peers and their accomplishments. Mary was nominated because of her **SERVICE** in the following ways:

- **Support:** Mary often steps in to assist her coworkers especially when they need time off. She is often requested by customers when they stop in. She even checks in on her days off to see how her coworkers are doing and that they are okay.
- **Effective:** Mary does not sit idle. When the store is slow, you'll find her with a duster in hand.
- **Responsive:** Mary has picked up shifts during times of need and does whatever is requested of her.
- **Visionary:** Mary has a let's-do-what-we-can attitude. She not only helps with daily tasks,
- but looks for ways everyone can support each other and the stores during times of change within the industry.
- **Innovative:** Mary is creative with her work/life balance. She ensures everything has been taken care of at home and at work.
- **Courteous:** Mary excels in this area! She enjoys baking treats for her coworkers, is kind to all customers; Mary seeks to make connections with everyone she meets. She even went out of her way to make sure a new resident felt welcomed in the community.
- **Exemplary:** Mary is honest and true- what you see is what you get. ■



COMMUNITY

CFS: Caring for the Environment is Good Mental Health

COP26, the latest global climate conference just ended, and many people may be feeling disappointed with the progress made at this critical moment in time. As we come to understand more about the harmful consequences of a warming Earth, many of us may feel a growing worry and despair about climate change. This “Eco-anxiety” can have an impact on our mental health. Young people in particular, may be feeling anxious about climate change because they are more likely to be alive to experience its full potential.

Some level of worry and anxiety is normal and can play an important role in protecting us from danger and threat. However, anxiety becomes a problem when it preoccupies us to the point that we avoid the thing that makes us anxious and gets in the way of daily life. Anxiety can also inspire change, as we see in a growing movement of young people engaging in climate activism. Recent studies have shown that young people involved in activities to reduce their personal impact on the environment have better mental health outcomes as adults. There are many things that families can do together to reduce their impact on the environment:

 **Save Water:** keep a timer in the bathroom and start a competition for the shortest shower get everyone a refillable water bottle and have fun decorating them designate a weekly water monitor (what kid doesn't love telling parents when they do something wrong)



Reduce Your Driving: go walking or biking as a family (physical activity is good for the body and the mind) take turns mapping a new route to your favorite places try an E-bike (watch for a community event in the Spring for a chance to test drive an E-bike)



Reduce Your Energy: Use start a scavenger hunt to find and unplug unused appliances host an electronics-free family board game night make a no-bake treat designate a weekly turn-off-the-light monitor (a great opportunity to learn nobody is perfect) get artsy, create fun signs to share tips to save energy around the house



Reduce Your Waste: grocery store scavenger hunt for products that have less plastic waste invite kids to help with product comparisons and consider environmental impacts start a no-waste family challenge Join the Hennepin County Zero Waste Challenge and see how well your family does



Get Involved: there is a Green Team at both the middle school and high school where students have designated time in the school-day to share ideas and get involved in making a change. Join us on Facebook and tell others about what you do to reduce your impact. ■

Sister City Association Updates

The annual meeting of the St. Anthony Sister City Association was held Sunday, Nov.14. Participants were treated to a baking demonstration of nissu (pulla), a traditional Finnish sweet bread made with cardamom. The demonstration was by Karen Urdhal, who had the recipe and techniques to make nissu handed down to her from her mother and grandmother.

The St. Anthony Sister City Association and the City of St. Anthony, wrote letters of support to the State of Minnesota on behalf of our Sister City, Salo, Finland. The letter was helpful in getting Salo, Finland included in the November trade talks held in Helsinki between the State of Minnesota and Finland.

For more information on the St. Anthony Sister City Association, and to become a member, visit us on Facebook at [Facebook@StAnthonySisterCity](https://www.facebook.com/StAnthonySisterCity) or visit the City of St. Anthony website at savmn.com. ■



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Follow us on social media!

@CityofSAV @CityofStAnthony

UPCOMING EVENTS

JANUARY

- Jan. 3: Holiday, New Year's Day observed
- Jan. 8: Cardboard Recycling Event
- Jan. 11: City Council Meeting
- Jan. 12-14: City Goal Setting
- Jan. 18: Holiday, MLK, Jr. Day
- Jan. 18: Planning Commission Meeting
- Jan. 25: City Council Meeting

FEBRUARY

- Feb. 8: City Council Meeting
- Feb. 15: Planning Commission Meeting
- Feb. 21: Holiday, President's Day
- Feb. 22: City Council Meeting

MARCH

- March 7: Parks & Envi. Commission Mtg
- March 8: City Council Meeting
- March 15: Planning Commission Meeting
- March 22: City Council Meeting

To request special accommodations or alternative formats for City meetings, please contact the City Clerk:
Phone: 612-782-3313
Email: city@savmn.com

ST. ANTHONY DIRECTORY

MORE INFO



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St. Anthony Middle School612-706-1030
St. Anthony Village High School612-706-1100